



# **If I'm So Smart, Why Aren't the Answers Easy?: Advice from Teens on Growing Up Gifted**

*Robert Schultz, James Delisle*

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Based on surveys with more than 5,000 gifted adolescents and young adults, "If I'm So Smart, Why Aren't the Answers Easy?" sheds light on the day-to-day experiences and stories of those growing up gifted. In their own enlightening words, teens share their experiences with giftedness, including aspects like friendships and fitting in with peers, school struggles and successes, worries about the future, and their family lives. By allowing teens to share their real-life stories firsthand, the book gives readers a self-study guide to the successes and pitfalls of being gifted teens in a world not always open to their unique and diverse needs. While reading, teens will be able to reflect on their own experiences through the engaging journaling and thought experiments included throughout the book, and their parents and teachers will enjoy hearing directly from other students about the topics their gifted teens face daily.

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