



Dear Ashley: A Father's Reflections and Letters to His Daughter on Life, Love and Hope

Don Blackwell

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“Dear Ashley” is unique, in part, because it is not written from the perspective of the sufferer, the treatment professional or the medical or psychological researcher. Instead, it may be the first time a dad has shared his perspective on his daughter’s eating disorder battle in print, let alone done so in such an engaging, intimate and heart-warming manner. The fact that Don Blackwell offers that perspective, openly and honestly, is one of many reasons parents and young adults are likely to be drawn to the book’s life-affirming message of hope.

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