



Don't Call It Love: Breaking the Cycle of Relationship Dependency

Dr. Gregory L. Jantz, Dr. Tim Clinton, Ann McMurray

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Do you fall into the same dead-end relationships time after time?

Are you still searching for that one person who will make you feel complete?

What if that's not actually what you need to feel happy and fulfilled?

When we look to other people to fill in the places where we are lacking, our relationships are virtually guaranteed to be unfulfilling. Because at the heart of this kind of relationship is a belief that alone we are *not enough*. Nothing could be further from the truth.

In a warm, engaging style, Drs. Jantz and Clinton help you unravel why you're drawn back to the same types of people and relationships over and over again. You'll learn how to break the cycle of relationship dependency, focus on finding wholeness as a unique individual, and discover the key to finding a healthy relationship that lasts.

Dr. Gregory L. Jantz is the award-winning and bestselling author of more than twenty-five books, including *Controlling Your Anger before It Controls You* and *Hope and Healing from Emotional Abuse*. He is the founder of the Center for Counseling and Health Resources, Inc. (www.aplaceofhope.com) in Washington and hosts a popular radio program, *Overcoming with Dr. Jantz*.

Dr. Tim Clinton is president of the American Association of Christian Counselors (AACC), executive director of the Center for Counseling and Family Studies, professor of counseling and pastoral care at Liberty University and Liberty Baptist Theological Seminary, and a licensed professional counselor. He is also the coauthor of the Quick-Reference Guide to Counseling series of books.

Ann McMurray has coauthored several books, including *Controlling Your Anger before It Controls You*. She lives in Washington and is operations manager at the Center for Counseling and Health Resources, Inc.

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Belinda Bridges:

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