



# The Nurse-Herbalist: Integrative Insights for Holistic Practice

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# The Nurse-Herbalist: Integrative Insights for Holistic Practice

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Herbalism, the study and application of medicinal plants, is nursing practice. Herbal remedies are essential elements of nursing and midwifery care. Nurse-herbalists partner with plants to provide human comfort with plants as a catalyst for change. Step by step, element by element—fire, air, water, earth, and ether—this comprehensive textbook guides you in the creation and implementation of your own holistic nurse-herbalist practice plan.

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