



The Mindful Coach: Seven Roles for Facilitating Leader Development

Doug Silsbee

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Praise for The Mindful Coach

"Success in business is predicated on eliciting the best from people. The Mindful Coach clearly articulates the essentials of how to do this. As someone who believes deeply in the potential of all people, I found Silsbee's approach both practical and profound. This is a must-read for everyone concerned with people and learning."—Arthur M. Blank, philanthropist; cofounder, The Home Depot; and owner and CEO, Atlanta Falcons

"The Mindful Coach is not just another coaching model. It is a frame of reference for anyone involved in developing people. This highly readable book should serve as a reference for anyone genuinely concerned about helping others. It has had a significant impact on the way I approach coaching and developing others."—James N. Bassett, M.E?d., employee development, Institute of Nuclear Power Operations

"The Mindful Coach digs deeply, offering a lens and structure for understanding the intimate and necessary connection between relationships and human development. No other skill set, knowledge, or awareness is more important to educators, leaders, and managers than what is presented in this precious volume."—Robert C. Pianta, Ph.D., dean, Curry School of Education, University of ?Virginia

"This revised edition provides the structure for presence, through which new solutions become available. This book itself is a practice in the art of 'becoming,' while providing a clear action framework for powerfully engaging others with their own development. Silsbee has provided a gift to leaders, teachers, and coaches!"—Connie Maltbie-Shulas, manager, V-22 Training Systems, Boeing

"This book has broad appeal not only for coaches, but also for managers, executives, and consultants. Leaders of all kinds can benefit from Silsbee's clear and caring process for bringing out the best in people. This is a must-read book for anyone who wants to jump-start themselves and others on their journey to their potential."—Diana Whitney, Ph.D., author, *The Power of Appreciative Inquiry*

"This is the guide for leaders committed to helping others learn. The seven roles will help any leader facilitate more meaningful development conversations. This new edition engaged me instantly, with immediate applications in key relationships."—Darelyn "DJ" Mitsch, MCC, president, The Pyramid Resource Group; former president, The International Coach Federation

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