



I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail

Gail D. Storey

[Download now](#)

[Click here](#) if your download doesn't start automatically

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail

Gail D. Storey

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail Gail D. Storey

"Witty, wise, and full of heart, Gail Storey's winning memoir of her hike on the Pacific Crest Trail at the age of fifty-six is a book for every one who ever dreamed of taking the road less traveled. *I Promise Not to Suffer* is as inspiring as it is hilarious, as poignant as it is smart. It's one of those oh-please-don't-let-it-end books. I'd carry it in my backpack anywhere."—**Cheryl Strayed, author of *Wild***

With comfortable urban lives in Houston, Texas, and career and life goals mostly accomplished, Gail D. Storey and her husband were in their fifties when they decided it was time to test themselves on a new path—a 2,663-mile path known as the Pacific Crest Trail, which stretches from Mexico to Canada.

I Promise Not to Suffer is Gail's light-hearted yet heart-felt memoir about her and her husband's adventures and misadventures, deepening marriage, and reflections on being irrevocably changed by life on the trail. She was a novice hiker, while he was an experienced outdoorsman. Removed from their usual routines and living outside in the wilderness for months exposed hidden intricacies in their relationship. Hiking 20 miles a day over mountains, thirsting in the high desert of California, forcing frozen feet into icy socks and boots each morning in the High Sierra, stumbling through lava fields in Oregon—Gail was required to meet the elements on their own tough-love terms. From an encounter with a mountain lion to her mother's battle with cancer at home, she confronts each challenge with wit and brave style. While a dangerous loss of weight forces Gail to leave the PCT after 900 miles, she regains strength and later rejoins her husband on sections until he triumphantly reaches the northern terminus in Canada.

Humorous yet honest, this journey of harrowing hilarity and reluctant revelations will be loved by active hikers (appendices include details of their unique ultralight gear and other essential how-to information), fans of female adventure stories, and armchair travelers alike.

Praise for I Promise Not To Suffer:

“At times wrenching memoir, at times hilarious, *I Promise Not to Suffer* pulls no punches and has a wicked sense of fun. Storey reminds me again of what is possible with a big imagination, a dose of scrappy courage, and a lot of love.”

--Peter Heller, author of *The Dog Stars* and *Kook*

“Some have called Gail Storey the Nora Ephron of the wilderness. With her own unique wit, Storey shares Ephron’s commitment to creating and tending a long, nourishing marriage. *I Promise Not to Suffer* is a portrait of a union that does not fray or break under pressure but is forged, toughened, and tenderized.”

--Sara Davidson, author of *Leap!*, *Loose Change*, and *The December Project*

“Of the many books that I have read about hiking the Pacific Crest Trail, none have captured the trail experience from so many different perspectives. Single hikers, couples, and those who stay behind will all enjoy Gail Storey’s account of the challenges, the beauty, and the PCT community found along the way.”

--Liz Bergeron, Executive Director and CEO, Pacific Crest Trail Association

 [Download I Promise Not To Suffer: A Fool for Love Hikes the ...pdf](#)

 [Read Online I Promise Not To Suffer: A Fool for Love Hikes t ...pdf](#)

Download and Read Free Online I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail Gail D. Storey

From reader reviews:

Pauline Jefferson:

The book I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail can give more knowledge and information about everything you want. So why must we leave the great thing like a book I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail? Several of you have a different opinion about reserve. But one aim that will book can give many information for us. It is absolutely right. Right now, try to closer with the book. Knowledge or information that you take for that, it is possible to give for each other; it is possible to share all of these. Book I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail has simple shape however you know: it has great and massive function for you. You can appear the enormous world by open and read a reserve. So it is very wonderful.

Jeffrey Haller:

Hey guys, do you would like to finds a new book to read? May be the book with the concept I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail suitable to you? Often the book was written by well known writer in this era. Typically the book untitled I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail is the one of several books that everyone read now. This book was inspired lots of people in the world. When you read this book you will enter the new shape that you ever know prior to. The author explained their idea in the simple way, so all of people can easily to know the core of this reserve. This book will give you a lot of information about this world now. To help you to see the represented of the world on this book.

Roy Stoudt:

The guide untitled I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail is the book that recommended to you to study. You can see the quality of the guide content that will be shown to an individual. The language that writer use to explained their ideas are easily to understand. The copy writer was did a lot of study when write the book, to ensure the information that they share to you personally is absolutely accurate. You also could possibly get the e-book of I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail from the publisher to make you considerably more enjoy free time.

Michael Due:

The book untitled I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail contain a lot of information on that. The writer explains her idea with easy means. The language is very clear to see all the people, so do not necessarily worry, you can easy to read this. The book was published by famous author. The author provides you in the new period of time of literary works. You can easily read this book because you can read more your smart phone, or device, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open their official web-site along with order it. Have a nice study.

**Download and Read Online I Promise Not To Suffer: A Fool for
Love Hikes the Pacific Crest Trail Gail D. Storey #X8WP35UHN4M**

Read I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey for online ebook

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey books to read online.

Online I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey ebook PDF download

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey Doc

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey Mobipocket

I Promise Not To Suffer: A Fool for Love Hikes the Pacific Crest Trail by Gail D. Storey EPub