



Guiding Your Child Through Grief

James P. Emswiler, Mary Ann Emswiler

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Give your child the help and support needed to cope with grief and loss.

Guiding Your Child Through Grief, by the founders of the New England Center for Loss & Transition and The Cove, a highly praised program for grieving children, takes away the uncertainty and helpless feelings we commonly feel as we reach out to children who mourn. This caring and compassionate guide offers expert advice during difficult days to help a child grieve the death of a parent or sibling. Based on their experience as counselors--and as parents of grieving children--the authors help readers to understand:

The many ways children grieve, often in secret

Changes in family dynamics after death--and straightforward, effective ways to ease the transition

Ways to communicate with children about death and grief

How to cope with the intense sorrow triggered by holidays

The signs grief has turned to depression--and where to find help

And more insights, information, and advice that can

help a child heal

From the Trade Paperback edition.

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