



Try-It Diet - Sugar-Free (Try-It Diets)

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Think all diets have to be boring and bland? Think again. With *Try-It Diet: Sugar-Free*, you'll get a taste for the nutritional plan without having to give up great tasting food like Strawberry-Stuffed French Toast, Roasted Citrus Pork Tenderloin, and New York-Style Cheesecake. Now the information you need to start eating healthy and living fully is right at your fingertips. And with two weeks worth of original menus complete with easy-to-follow recipes, you'll be able to stick to the plan without being stuck eating the same thing every day. Go ahead and give it a try!

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