



The Acid Alkaline Balance Diet, Second Edition: An Innovative Program that Detoxifies Your Body's Acidic Waste to Prevent Disease and Restore Overall Health

Felicia Kliment

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Uncover the Secret to Better Health to Prevent Cardiovascular Disease, Obesity and Other Chronic Diseases

Acidic wastes from processed food and chemical additives have detrimental effects on the human body. When acidic wastes accumulate, they can cause organs to malfunction, causing degenerative disease. *The Acid Alkaline Balance Diet* has helped thousands of people restore overall health by showing how to balance the body's acid-alkaline to detoxify toxins based on metabolic type. This edition has now been fully revised and updated with new information on heavy metal foods, alternative treatments and supplements and continues to provide an easy-to-follow food combination and herbal therapy regimen.

This completely revised edition includes:

- New research about heavy metal foods and acid alkaline balance. Such as chelators that move metals from the bones to the brain where they are more destructive.
- Warning on potentially harmful effects of some nutritional supplements
- New research and alternative treatments for various health conditions caused by the body's production of acidic waste

Forget the traditional acid-alkaline food lists. Discover how *The Acid-Alkaline Balance Diet* will help you lead a longer and healthier life.

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The reason why? Because this The Acid Alkaline Balance Diet, Second Edition: An Innovative Program that Detoxifies Your Body's Acidic Waste to Prevent Disease and Restore Overall Health is an unordinary book that the inside of the guide waiting for you to snap that but latter it will shock you with the secret the item inside. Reading this book beside it was fantastic author who all write the book in such remarkable way makes the content inside easier to understand, entertaining approach but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any longer or you going to regret it. This phenomenal book will give you a lot of advantages than the other book include such as help improving your ability and your critical thinking technique. So , still want to hesitate having that book? If I were being you I will go to the reserve store hurriedly.

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