



Cooking for One (Periplus Step-by-Step)

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Cooking for One features recipes that are delicious and easy to prepare for all tastes. The book has 11 sections: Learning to cook for yourself Soups and light meals Pasta and rice Easy everyday dinners Fabulous fast sauces Quick and simple stir-fries Curries, one-pots and bakes Cooking to freeze After-dinner treats Fabulous fast fruit desserts Index and glossary

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