



# Parkinson's Disease and Me: Walking the Path

*Patricia Lightner*

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## **Parkinson's Disease and Me: Walking the Path** Patricia Lightner

The author was diagnosed with young-onset Parkinson's disease at the age of 35. It was a shocking, emotional, and life-changing event.

At first the author saw nothing but negatives with this diagnosis. As she made her way through a journey with this most unwelcome intrusion into her life, she found some positives.

The author also found that as disturbing and unfair as her diagnosis felt it did not make her immune to the vagaries of life. This book was written to increase public awareness of Parkinson's disease and how the author came to realize one person can make a difference.

At first a little of the information in this book may seem dated since the book was published in 2003. However, upon taking a closer look the reader will see that it is historical. It is instructive to see how far we have come and yet how far we have to go.

This book is the story of the author's symptoms, diagnosis, and how Parkinson's disease changed her life.

And finally, this book is a thank you to many people who continue to give the author their love and support.

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