



The Sailfish and the Sacred Mountain: Passages in the Lives of a Father and Son

Will Johnson

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An account of spiritual awakening told through the rites of passage of a father and son

- Reveals the essential role spirituality can play in our mundane lives
- Celebrates not only traditional rites of passage, but also the more subtle moments of change that continually take place within each of us
- Reflects on the power of prayer and intention in guiding our life journey

Part spiritual travelogue, part personal memoir, *The Sailfish and the Sacred Mountain* is the story of the profound moments that forever change our lives, told in the context of a father and son's journey to the sacred Mount Kailas in Tibet.

Every moment in life is a moment of passage. While many culturally prescribed rites of passage--baptisms, bar mitzvahs, and confirmations--may not necessarily transform the participant into a higher level of maturity and understanding, there are many other moments that stand out as true passages into a new phase of life. These are the moments of triumph or of pain and defeat--the first taste of love, the birth of a child, the death of a loved one--moments after which we know, in the quiet of our hearts and minds, we will never be the same.

The Sailfish and the Sacred Mountain presents a unique view into how we can create the circumstances that invite profound spiritual awakenings to occur in our lives and how we can recognize and embrace the powerful lessons these events have to offer. As Will Johnson reflects on his own life passages, he tells the story of the remarkable journey with his son to Mount Kailas--a journey that proves to be a moment of passage for both father and son.

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