

## Naked Intimacy: How to Increase True Openness in Your Relationship

Joel D. Block



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## One of America's foremost couples therapists offers expert advice on rekindling relationships through "naked intimacy"

*Naked Intimacy* is for everyone who yearns for an intimate relationship and wonders why it seems so elusive. It is for couples who are experiencing emptiness and loneliness in their relationships and dream of rediscovering the deep intimacy that existed in the early days of the relationships.

Joel D. Block, one of the founders of the modern self-help movement, entices the reader to take his or her clothes off emotionally with a love partnera daring and courageous act, to be sure, but one that ultimately brings new vitality and eroticism to a relationship. Based on interviews with more than 200 people whose experiences speak directly to readers, concerns about love, happiness, fulfillment, and sexuality, *Naked Intimacy* is an important work that challenges love partners to do what it takes to achieve even greater levels of intimacy in a relationship.

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