



Improvised Medicine: Providing Care in Extreme Environments: Providing Care in Extreme Environments

Kenneth Iserson

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Deliver quality healthcare in the most challenging field conditions

Full of practical clinical pearls and proven strategies, this indispensable guide shows you how to operate outside your comfort zone and devise effective treatment solutions when the traditional tools (medications, equipment, and staff) are unavailable—or when you need to provide care outside of your specialty. *Improvised Medicine* is a must for anyone who plans to work in global, disaster, or other resource-poor settings.

FEATURES:

- Simple-to-follow directions, diagrams, and illustrations describe practical techniques and the improvised equipment necessary to provide quality care during crises.
- Contains improvisations in anesthesia and airway management, dentistry, gynecology/obstetrics, infectious disease/laboratory diagnosis, internal medicine, otolaryngology, pediatrics and malnutrition, orthopedics, psychiatry, and surgery.
- Also includes basic disaster communication techniques, post-disaster forensics, a model hospital disaster plan, and innovative patient-transport methods.

LEARN HOW TO:

- Make an endotracheal tube in seconds
- Perform digital-oral and blind-nasotracheal intubations
- Make plaster bandages for splints/casts
- Give open-drop ether, ketamine drips, and halothane
- Use subcutaneous/intraperitoneal rehydration/transfusion
- Make ORS and standard nutrition formulas
- Clean, disinfect, and sterilize equipment for reuse
- Warm blood units in seconds inexpensively
- Take/view stereoscopic x-rays with standard equipment
- Quickly and easily stop postpartum hemorrhage
- Fashion surgical equipment from common items
- Evacuate patients easily for high-rise hospitals
- Make esophageal and precordial stethoscopes
- Quickly improvise a saline lock
- Make ECG electrode/defibrillator pads and ultrasound gel

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