



Grow Your Own Drugs: A Year With James Wong

James Wong

Download now

[Click here](#) if your download doesn't start automatically

Grow Your Own Drugs: A Year With James Wong

James Wong

Grow Your Own Drugs: A Year With James Wong James Wong

James Wong is back, putting his ethnobotanical expertise to use once again, with over 100 new, natural, cheap and easy remedies, showing you and those around you how to have a fantastically healthy year.

Whether you're fed up with your hormones, worried about your baby's nappy rash, your partner is prone to a sore-throat, or leg-waxing is proving just too expensive to maintain, *Grow Your Own Drugs: A Year With James Wong* offers over 100 great new remedies to soothe all manner of common conditions and beauty problems - whenever they might flare up.

James shows how easy it is to have access to the right ingredients whatever the weather, with his easy-to follow seasonal focus - whether you've got a window box, a roof terrace, a country garden (or a computer to order the goods online...). His seasonal planner takes you right through from Spring to Winter, making sure you know what to plant when, the best time to harvest and how to create your own mini-apothecary (or store-cupboard) at home.

Packed with James's personal top tips and easy solutions for both growing and making remedies, this is your must-have companion to help ward off any ailments and complaints which might crop up throughout the year, the natural, James Wong way.

FEATURES:

- Over 100 new remedies
- New seasonal guide - how to make sure you have all the ingredients you need for a healthy body and mind all year round
- New non-gardener's guide: if you're not green-fingered or don't have a garden, James reveals how to identify plants and how to source good quality ingredients online
- More about James's personal inspirations: how he came to a career in ethnobotany, how he goes about living his own GYOD year and why a seasonal approach is important and easy to adopt
- James's top tips and new gift flashes (perfect for cheap, thoughtful presents)
- New case studies: how people who've tried and tested the remedies have got on
- New HOME section: brilliant natural and cheap remedies for home life. Contains pet flea powder, horsetail metal polish, wood polish, carpet deodoriser

 [Download Grow Your Own Drugs: A Year With James Wong ...pdf](#)

 [Read Online Grow Your Own Drugs: A Year With James Wong ...pdf](#)

Download and Read Free Online Grow Your Own Drugs: A Year With James Wong James Wong

From reader reviews:

Janice Nolan:

What do you with regards to book? It is not important to you? Or just adding material if you want something to explain what the ones you have problem? How about your time? Or are you busy man or woman? If you don't have spare time to try and do others business, it is give you a sense of feeling bored faster. And you have spare time? What did you do? Every individual has many questions above. They have to answer that question mainly because just their can do in which. It said that about e-book. Book is familiar in each person. Yes, it is proper. Because start from on jardín de infancia until university need this Grow Your Own Drugs: A Year With James Wong to read.

Fred Swett:

The publication untitled Grow Your Own Drugs: A Year With James Wong is the reserve that recommended to you you just read. You can see the quality of the publication content that will be shown to you. The language that creator use to explained their ideas are easily to understand. The author was did a lot of exploration when write the book, so the information that they share to you is absolutely accurate. You also could get the e-book of Grow Your Own Drugs: A Year With James Wong from the publisher to make you considerably more enjoy free time.

Shameka Smith:

This Grow Your Own Drugs: A Year With James Wong is fresh way for you who has intense curiosity to look for some information since it relief your hunger info. Getting deeper you into it getting knowledge more you know or you who still having little bit of digest in reading this Grow Your Own Drugs: A Year With James Wong can be the light food for you because the information inside that book is easy to get by simply anyone. These books develop itself in the form that is certainly reachable by anyone, yeah I mean in the e-book form. People who think that in e-book form make them feel sleepy even dizzy this e-book is the answer. So there isn't any in reading a e-book especially this one. You can find what you are looking for. It should be here for a person. So , don't miss the idea! Just read this e-book sort for your better life as well as knowledge.

Johnny Ballance:

That guide can make you to feel relax. This specific book Grow Your Own Drugs: A Year With James Wong was colourful and of course has pictures on there. As we know that book Grow Your Own Drugs: A Year With James Wong has many kinds or style. Start from kids until adolescents. For example Naruto or Private eye Conan you can read and believe that you are the character on there. Therefore not at all of book are make you bored, any it offers you feel happy, fun and rest. Try to choose the best book in your case and try to like reading this.

**Download and Read Online Grow Your Own Drugs: A Year With
James Wong James Wong #3ZHQ5CDFLY1**

Read Grow Your Own Drugs: A Year With James Wong by James Wong for online ebook

Grow Your Own Drugs: A Year With James Wong by James Wong Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Grow Your Own Drugs: A Year With James Wong by James Wong books to read online.

Online Grow Your Own Drugs: A Year With James Wong by James Wong ebook PDF download

Grow Your Own Drugs: A Year With James Wong by James Wong Doc

Grow Your Own Drugs: A Year With James Wong by James Wong Mobipocket

Grow Your Own Drugs: A Year With James Wong by James Wong EPub