

The Choreography of Resolution: Conflict, Movement, and Neuroscience

Michelle LeBaron, Carrie MacLeod, Andrew Floyer Acland



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The Choreography of Resolution: Conflict, Movement, and Neuroscience Michelle LeBaron, Carrie MacLeod, Andrew Floyer Acland The Choreography of Resolution will revolutionize how mediators handle conflict resolution. Learning how neuroscience is proving what dancers have known for centuries this book explores the links between the physical, mental, and psychological factors that affect conflict. Examining the autobiographical and practice experiences with diverse cultural, historical and social realities highlights both challenges and breakthroughs in this burgeoning area. Comprehensive in review, this groundbreaking book investigates: - the role of movement in conflict dynamics, - exposes the limitations of omitting the body from the understandings of conflict, - explores the ethical dimensions of embodied approaches proposes key strategies for conflict intervention Come take the journey through the body as the authors examine how a closed body leads to a closed mind and how movement and dance can positively alter conflict resolution.

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