



Pocket Mandala Coloring Book: Mini Zen Creations for Portable Relaxation and Mindfulness

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A Calming, Travel-Size Book to Color Anywhere

Adult coloring books are one of the most effective ways to ease stress and calm the mind. This small trim, 6" x 6" book is the highly portable way to take peace of mind where ever you go. Including dozens of intricate, beautifully drawn mandalas, patterns and coloring book prompts that you can bring to vivid life whether on the train, at school, in the office or back at home.

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