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Letters to My Daughters

Mary Matalin



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In *Letters to My Daughters*, famed political consultant and TV personality Mary Matalin shares the moral, ethical, and occasionally comic life lessons gleaned from her mother's experiences and her own. These intimate, personal letters range from the spiritual to the practical, from giving life to accepting death, from civic to personal responsibility, from looking and feeling good to dealing with those pesky boys, and more. Here's a sampling of the mother wisdom found in these pages:

Crying is *not* a weakness; it's cathartic and cleansing. People who live life with the fullest commitment tend to cry a lot. It's a healthy expression of deep emotions. I don't like or trust people who don't or can't cry. When I tell you I understand what you're going through, it's not just because I remember what it felt like to be a teenage girl whose body is being hijacked by hormones against her will. It's because I'm a fifty-something whose body is being hijacked by hormones against her will *at this very moment*. And if you don't believe me, just ask your father.

I believe in my heart of hearts that a life without faith is unanchored and unfulfilling. Without it, you're just wandering in the desert. You experience deeply that the whole is greater than the sum of its parts -- and the singing is damn good.

Ma had a complex philosophy of sex, which I heard almost every day from age ten. "Boys would screw a snake if it would lay still long enough." Let's flash forward forty years and allow your mother to give you a twenty-first-century take on boys and S-E-X: "Boys would screw a snake if it would lay still long enough."...And the men in Washington think that's a compliment.

A deep sense of loyalty can help you overcome almost any bump in the road. The disloyal may advantage themselves in some work situations, but their gains will be temporary, fleeting. They will fail their institutions, their colleagues, and worst of all, themselves.

Filled with warmth, common sense, a belief in the values that keep families strong, and her trademark sense of humor, Mary Matalin's letters will inspire, guide, entertain, and inform. They're the perfect companion for any mother looking for a smart, sensible fellow traveler on the road to raising good daughters.

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From reader reviews:

Charles Green:

Information is provisions for those to get better life, information nowadays can get by anyone with everywhere. The information can be a understanding or any news even an issue. What people must be consider while those information which is in the former life are challenging be find than now is taking seriously which one is acceptable to believe or which one often the resource are convinced. If you obtain the unstable resource then you understand it as your main information it will have huge disadvantage for you. All of those possibilities will not happen within you if you take Letters to My Daughters as the daily resource information.

Louise Hacker:

Reading a e-book tends to be new life style within this era globalization. With reading you can get a lot of information which will give you benefit in your life. Along with book everyone in this world may share their idea. Textbooks can also inspire a lot of people. A lot of author can inspire their own reader with their story or perhaps their experience. Not only the storyline that share in the guides. But also they write about the data about something that you need illustration. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors on earth always try to improve their talent in writing, they also doing some study before they write to their book. One of them is this Letters to My Daughters.

Jennifer Bedard:

As we know that book is very important thing to add our know-how for everything. By a book we can know everything we want. A book is a list of written, printed, illustrated as well as blank sheet. Every year was exactly added. This book Letters to My Daughters was filled regarding science. Spend your extra time to add your knowledge about your technology competence. Some people has different feel when they reading any book. If you know how big advantage of a book, you can experience enjoy to read a e-book. In the modern era like right now, many ways to get book that you wanted.

Kurt Bohnert:

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