



Partnering for Recovery in Mental Health: A Practical Guide to Person-Centered Planning

Janis Tondora, Rebecca Miller, Mike Slade, Larry Davidson

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Partnering for Recovery in Mental Health is a practical guide for conducting person and family-centered recovery planning with individuals with serious mental illnesses and their families. It is derived from the authors' extensive experience in articulating and implementing recovery-oriented practice and has been tested with roughly 3,000 providers who work in the field as well as with numerous post-graduate trainees in psychology, social work, nursing, and psychiatric rehabilitation. It has consistently received highly favorable evaluations from health care professionals as well as people in recovery from mental illness.

This guide represents a new clinical approach to the planning and delivery of mental health care. It emerges from the mental health recovery movement, and has been developed in the process of the efforts to transform systems of care at the local, regional, and national levels to a recovery orientation. It will be an extremely useful tool for planning care within the context of current health care reform efforts and increasingly useful in the future, as systems of care become more person-centered. Consistent with other patient-centered care planning approaches, this book adapts this process specifically to meet the needs of persons with serious mental illnesses and their families.

Partnering for Recovery in Mental Health is an invaluable guide for any person involved directly or indirectly in the provision, monitoring, evaluation, or use of community-based mental health care.

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