



# Guide to Mental Health for Families and Carers of People with Intellectual Disabilities

*Geraldine Holt*

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## **Guide to Mental Health for Families and Carers of People with Intellectual Disabilities** Geraldine Holt

A practical and comprehensive introduction for carers to mental health problems, this accessible guide outlines a range of signs and symptoms of mental health problems that can affect people with intellectual disabilities. The guide explains why mental health problems develop, and advises on what can be done to help people with intellectual disabilities and carers themselves. With chapters on specific disabilities such as autism and epilepsy, the authors cover topics such as:

- \* treatment and interventions for mental health problems
- \* getting the best services and understanding policy around mental health and intellectual disabilities
- \* legal issues, for example, what it means to 'give consent'
- \* carers' needs and support for carers.

Written with advice from carers and people with intellectual disabilities who use mental health services, this book is an essential resource for all those who care for, and with, people with learning disabilities.

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#### **Melissa Conner:**

Here thing why this Guide to Mental Health for Families and Carers of People with Intellectual Disabilities are different and trusted to be yours. First of all reading a book is good but it really depends in the content than it which is the content is as yummy as food or not. Guide to Mental Health for Families and Carers of People with Intellectual Disabilities giving you information deeper since different ways, you can find any publication out there but there is no publication that similar with Guide to Mental Health for Families and Carers of People with Intellectual Disabilities. It gives you thrill reading journey, its open up your own eyes about the thing which happened in the world which is might be can be happened around you. It is possible to bring everywhere like in playground, café, or even in your means home by train. In case you are having difficulties in bringing the printed book maybe the form of Guide to Mental Health for Families and Carers of People with Intellectual Disabilities in e-book can be your option.

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