



# Fertility Wisdom: How Traditional Chinese Medicine Can Help Overcome Infertility

*Angela C. Wu, Katherine Anttila, Betsy Brown*

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Introducing the only clinically proven program--steeped in ancient Chinese healing traditions--that has enabled hundreds of infertile couples to conceive.

At Wu's Healing Center in San Francisco, miracles are happening. Women and their partners come to the clinic--often from across the country--to fulfill a passionately held yet fragile dream: to conceive and deliver the healthy baby that mainstream doctors have told them they cannot have. Using traditional Chinese medical techniques, sometimes integrated with Western fertility treatments, Dr. Angela Wu is helping these couples experience the miracle of birth.

In this book, Dr. Wu details a proven 6-part self-care regimen that helps create the internal harmony and balance vital to conception. Her techniques not only enhance the results and reduce the side effects of in vitro and other Western fertility treatments, they also shorten labor and speed postpartum recovery. Babies benefit too, adopting regular sleep patterns more quickly and getting sick less frequently.

At a time when one in five U.S. couples is struggling with fertility problems, this practical and uplifting volume, filled with the inspirational stories of Dr. Wu's grateful patients, is a godsend.

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#### **Hilda Szymanski:**

The reason why? Because this Fertility Wisdom: How Traditional Chinese Medicine Can Help Overcome Infertility is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will surprise you with the secret it inside. Reading this book beside it was fantastic author who else write the book in such wonderful way makes the content interior easier to understand, entertaining means but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This unique book will give you a lot of rewards than the other book have such as help improving your expertise and your critical thinking technique. So , still want to postpone having that book? If I were you I will go to the publication store hurriedly.

#### **Dorinda Kling:**

Playing with family in a very park, coming to see the marine world or hanging out with close friends is thing that usually you might have done when you have spare time, then why you don't try matter that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Fertility Wisdom: How Traditional Chinese Medicine Can Help Overcome Infertility, it is possible to enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh seriously its mind hangout people. What? Still don't have it, oh come on its identified as reading friends.

#### **Hope Giles:**

Fertility Wisdom: How Traditional Chinese Medicine Can Help Overcome Infertility can be one of your nice books that are good idea. We recommend that straight away because this e-book has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort that will put every word into enjoyment arrangement in writing Fertility Wisdom: How Traditional Chinese Medicine Can Help Overcome Infertility but doesn't forget the main place, giving the reader the hottest as well as based confirm resource details that maybe you can be certainly one of it. This great information may drawn you into fresh stage of crucial imagining.

#### **Melvin Dove:**

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