



Reflexology in Pregnancy and Childbirth

Denise Tiran

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Reflexology in Pregnancy and Childbirth is a definitive text on the safe and appropriate use of reflex zone therapy in pregnancy, labour and the puerperium, focusing on evidence-based practice, professional accountability and application of a comprehensive knowledge of the therapy related to reproductive physiology.

Denise Tiran, an experienced midwife, reflex zone therapist, university lecturer and Director of Expectancy - the Expectant Parents' Complementary Therapies Consultancy - has an international reputation in the field of maternity complementary therapies, has researched and written extensively on reflexology, and has treated nearly 5000 pregnant women with structural reflex zone therapy.

KEY FEATURES

Case histories to ease application of theory to practice

Charts, tables and diagrams are used throughout for ease of learning

Includes a section on conception, infertility and sub-fertility

Covers legalities and ethical issues.

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