



Karma Chakme's Mountain Dharma, As Taught by Khenpo Karthar Rinpoche, Volume Three

Khenpo Karthar Rinpoche

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Karma Chakme's Mountain Dharma, Volume Three opens with concise bardo teachings as well as instructions on benefiting people in the bardo state. The book continues with instructions and advice for the practitioner, including protecting oneself from potential threats with loving kindness and compassion, purifying obscurations through invoking wisdom deities, learning the signs that arise during practice, recognizing when your practice gets off track and eradicating the causes, utilizing methods to develop one's practice, and bringing the five mental afflictions (desire, anger, ignorance, jealousy, and pride) to the path.

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