



Black Hole Focus: How Intelligent People Can Create a Powerful Purpose for Their Lives

Isaiah Hankel

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"...*an absurdly motivating book.*" –A.J. Jacobs, New York Times bestselling author

Don't get stuck on a career path you have no passion for. Don't waste your intelligence on something that doesn't really mean anything more to you than a paycheck. Let Isaiah Hankel help you define a focus so powerful that everything in your life will be pulled towards it.

Create your purpose and change your life. Be focused. Be fulfilled. Be successful.

Black Hole Focus has been endorsed by top names in business, entrepreneurship, and academia, including 4 times New York Times bestseller AJ Jacobs and Harvard Medical School Postdoc Director Dr. Jim Gould.

The book is broken up into 3 different sections; the first section shows you why you need a purpose in life, the second section shows you how to find your new purpose, and the third section shows you how to achieve your goals when facing adversity.

In this book, you will learn:

- How to understand what you really want in life and how to get it
- Why people with a powerful purpose live to 100
- How to rapidly improve focus and change your life using the secret techniques of an international memory champion
- How people like Jim Carrey, Oprah Winfrey, and J.K. Rowling transformed pain into purpose
- How to start a business by avoiding willpower depletion and the life hack lie

Black Hole Focus includes exclusive case studies from medical practitioners, research scientists, lawyers, corporate executives and small business owners who have used the techniques described in this book to achieve massive success in their own lives.

About the Author:

Dr. Hankel is an internationally recognized expert in the biotechnology industry and prolific public speaker. He's given over 250 seminars in 22 different countries while working with many of the world's most respected companies and institutions, including Harvard University, Oxford University, Roche Pharmaceuticals, Eli Lilly & Company, Baxter International and Pfizer. Dr. Hankel uses the science of purpose and the principles of entrepreneurship to help people achieve their biggest goals.

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