



Tibet: Reflections from the Wheel of Life

V. Carroll Dunham, Ian Baker, Carroll Dunham

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With a foreword by the Dalai Lama, this remarkable volume presents an intimate, Family of Man like portrait of Tibet and its people.

According to Tibetan belief, existence is an endless cycle of birth, death, and rebirth, and in this exquisitely illustrated volume authors Carroll Dunham and Ian Baker take us through the Tibetan wheel of life, from birth and childhood through adolescence and midlife to old age and death. We meet a pregnant woman who is married to four brothers. She dreams of turquoise—a sure sign that she will give birth to a boy. Ten-year-old Tulku Ralo yawns as he sits on a grand throne blessing the reverent throng who flock to him; it is not easy being a god-child. The pilgrimage of a family to Lhasa takes several years, for they cover the entire distance by prostrating the length of their bodies across the earth, surrendering to the primordial ground from which all Buddhas have arisen.

Set against Tibet's staggeringly beautiful mountain landscapes, as well as against the ongoing struggle of the Tibetans to win independence from China, *Tibet: Reflections from the Wheel of Life* portrays the many faces of an earthy yet devout people steeped in a rich heritage. Includes a foreword by The Dalai Lama.

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