

Edible Gardening for California: Vegetables, Herbs, Fruits & Seeds

Jennifer Beaver, Alison Beck

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Edible Gardening for California: Vegetables, Herbs, Fruits & Seeds Jennifer Beaver, Alison Beck Food plants have their own ornamental value, adding harmony to existing landscapes without creating a separate vegetable garden. They also provide a fresh, healthy alternative to the tasteless and woody fruits and vegetables bred for long-distance transportation and shipped to our grocery stores from all over the world. In this book, we show how, with just a little effort, you can augment your landscape with edibles of every description in an environmentally sustainable manner:

- * Veggie favorites: tomatoes, lettuce, carrots, beans and onions
- * Berries: blueberries, raspberries, blackberries and strawberries
- * The superhealthy: flax, broccoli, kale and garlic
- * The oddly beautiful: Brussels sprouts, kohlrabi, asparagus and artichokes
- * The ancient and exotic: quinoa, amaranth and fennel
- * Plus starting, maintaining and harvesting an edible garden, propagation and winter care, and solutions to common garden problems.



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