



# Eating Disorders and Magical Control of the Body: Treatment Through Art Therapy

*Mary Levens*

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People with eating disorders often make desperate attempts to exert magical control over their bodies in response to the threats they experienced in relationships. Mary Levens takes the reader into the realm of magical thinking and its effect on ideas about eating and the body through a sensitive exploration of the images patients create in art therapy, in which themes of cannibalism constantly recur. Drawing on anthropology, religion and literature as well as psychoanalysis, she discusses the significance of these images and their implications for treatment of patients with eating disorders.

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