

A-Z of Spirituality (Professional Keywords)

Steve Nolan, Margaret Holloway



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If you want to understand more about spirituality and its relevance to personal wellbeing and caring practices, or if you struggle to apply spiritual insights to your everyday practice, then this book is your answer.

Steve Nolan and Margaret Holloway's A-Z of Spirituality provides a clear and thought-provoking introduction to this complex and fascinating field. The book's straightforward A-Z structure makes it easy to move around, while numerous cross-references highlight creative and positive connections between different topics, to encourage a spirit of discovery.

Written to suit a wide range of caring professions and practice settings, the book offers succinct explanation and analysis, and thoughtful consideration of how the ideas apply. It is anchored in the latest scholarship and is packed with further reading recommendations for those looking for guidance through the extensive literature.

Whether you're a student, experienced clinician or practitioner, working in the public, voluntary or private sector, this book offers a remarkable distillation of expertise as well as a rich source of reflection.

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