



# **Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction**

*Jim Downs*

Download now

[Click here](#) if your download doesn't start automatically

# Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction

*Jim Downs*

## **Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction**

Jim Downs

Bondspeople who fled from slavery during and after the Civil War did not expect that their flight toward freedom would lead to sickness, disease, suffering, and death. But the war produced the largest biological crisis of the nineteenth century, and as historian Jim Downs reveals in this groundbreaking volume, it had deadly consequences for hundreds of thousands of freed people.

In *Sick from Freedom*, Downs recovers the untold story of one of the bitterest ironies in American history--that the emancipation of the slaves, seen as one of the great turning points in U.S. history, had devastating consequences for innumerable freedpeople. Drawing on massive new research into the records of the Medical Division of the Freedmen's Bureau--a nascent national health system that cared for more than one million freed slaves--he shows how the collapse of the plantation economy released a plague of lethal diseases. With emancipation, African Americans seized the chance to move, migrating as never before. But in their journey to freedom, they also encountered yellow fever, smallpox, cholera, dysentery, malnutrition, and exposure. To address this crisis, the Medical Division hired more than 120 physicians, establishing some forty underfinanced and understaffed hospitals scattered throughout the South, largely in response to medical emergencies. Downs shows that the goal of the Medical Division was to promote a healthy workforce, an aim which often excluded a wide range of freedpeople, including women, the elderly, the physically disabled, and children. Downs concludes by tracing how the Reconstruction policy was then implemented in the American West, where it was disastrously applied to Native Americans.

The widespread medical calamity sparked by emancipation is an overlooked episode of the Civil War and its aftermath, poignantly revealed in *Sick from Freedom*.

 [Download Sick from Freedom: African-American Illness and Su ...pdf](#)

 [Read Online Sick from Freedom: African-American Illness and ...pdf](#)

## **Download and Read Free Online Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction Jim Downs**

---

### **From reader reviews:**

#### **Ronnie Hamilton:**

This Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction book is just not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is information inside this guide incredible fresh, you will get facts which is getting deeper you actually read a lot of information you will get. That Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction without we comprehend teach the one who looking at it become critical in contemplating and analyzing. Don't possibly be worry Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction can bring once you are and not make your case space or bookshelves' turn into full because you can have it in your lovely laptop even cellphone. This Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction having very good arrangement in word along with layout, so you will not really feel uninterested in reading.

#### **Laura Crabtree:**

You can spend your free time you just read this book this publication. This Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction is simple to create you can read it in the area, in the beach, train as well as soon. If you did not get much space to bring typically the printed book, you can buy often the e-book. It is make you better to read it. You can save often the book in your smart phone. Therefore there are a lot of benefits that you will get when you buy this book.

#### **Yolanda Nitta:**

This Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction is new way for you who has interest to look for some information given it relief your hunger associated with. Getting deeper you into it getting knowledge more you know or perhaps you who still having tiny amount of digest in reading this Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction can be the light food to suit your needs because the information inside this specific book is easy to get through anyone. These books build itself in the form which can be reachable by anyone, sure I mean in the e-book web form. People who think that in e-book form make them feel tired even dizzy this e-book is the answer. So there isn't any in reading a guide especially this one. You can find actually looking for. It should be here for anyone. So , don't miss the item! Just read this e-book sort for your better life and also knowledge.

#### **Robert Bowser:**

Some people said that they feel weary when they reading a reserve. They are directly felt the idea when they get a half areas of the book. You can choose the actual book Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction to make your own reading is interesting. Your own

skill of reading expertise is developing when you similar to reading. Try to choose simple book to make you enjoy to read it and mingle the sensation about book and studying especially. It is to be initially opinion for you to like to wide open a book and study it. Beside that the guide Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction can to be your brand new friend when you're feel alone and confuse in doing what must you're doing of that time.

**Download and Read Online Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction Jim Downs #DJ6AR9KTZX5**

## **Read Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs for online ebook**

Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs books to read online.

### **Online Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs ebook PDF download**

**Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs Doc**

**Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs Mobipocket**

**Sick from Freedom: African-American Illness and Suffering during the Civil War and Reconstruction by Jim Downs EPub**