



Nutritional Aspects and Clinical Management of Chronic Disorders and Diseases (Modern Nutrition)

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Premature births, musculoskeletal diseases, diabetes mellitus, and psychiatric disorders. Nutrition plays a direct or indirect role in the causes, treatment, and/or management of many chronic disorders and diseases, yet nutritional and dietary intervention is often left solely to paramedical staff. This book shows why nutritional and dietary interventions by physicians often are necessary and how, following the practical guidelines presented, physicians can integrate these concepts and interventions into clinical practice.

Written largely by physicians experienced in treating patients with chronic diseases, *Nutritional Aspects and Clinical Management of Chronic Disorders and Diseases* addresses the nutritional aspects and components of certain diseases and translates research findings and clinical experience into practical treatment recommendations. The book focuses on chronic illnesses that can be alleviated by nutritional support and intervention as part of the overall medical approach - from eating disorders and alcoholism to cancer, HIV, and AIDS. Organized by major disease category, self-contained chapters document the nutritional component or basis of chronic diseases as well as the results of nutritional intervention.

Nutritional Aspects and Clinical Management of Chronic Disorders and Diseases provides a ready reference for making nutritional support and intervention a regular part of treatment.

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