



Finding the Boyfriend Within: A Practical Guide for Tapping into your own Source of Love, Happiness, and Respect

Brad Gooch

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In the tradition of the perennial bestseller *I'm OK, You're OK*, noted author Brad Gooch offers single and coupled gay men a provocative, sophisticated, and inspirational guide that addresses the big issues of love, romance, and being alone. Part memoir, part self-help, *Finding the Boyfriend Within* is a remarkably practical and helpful guide in the quest for self-discovery for the thousands of gay men who despair of ever being in a committed relationship.

Filled with anecdotes, romantic advice, problem-solving suggestions, and humor -- as well as wisdom from both the East and West -- *Finding the Boyfriend Within* offers simple self-awareness exercises to help discover the respect, happiness, and love that come first, and most enduringly, from within.

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